



2025

**DUE TO UNCERTAINTY OF FOOD
PRODUCT AVAILABILITY -
SUBSTITUTIONS MAY BE MADE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 BEEF TACO SALAD SOUR CREAM & SALSA CORNBREAD WATERMELON EXERCISE MAHJONG	29 SHRIMP W/GARLIC SAUCE RICE & ORZO PILAF ASPARAGUS TIPS DINNER ROLL PEACHES	30 CHICKEN SALAD ON CROISSANT COTTAGE CHEESE CARROT STICKS APPLE SLICES EXERCISE	1 BEEF POT ROAST GRAVY HOMEMADE MASHED POTATOES GREEN BEANS CHERRY PIE MAHJONG	2 MINESTRONE SOUP GARDEN SALAD GARLIC BREAD FRESH GRAPES CARROT CAKE BARS PINOCHLE EXERCISE
5 VEGGIE & SAUSAGE FRITTATA O'BRIEN POTATOES MIXED BERRIES CINNAMON ROLL EXERCISE MAHJONG	6 BEEF STIR FRY STEAMED RICE ASIAN VEGETABLES MANDARIN ORANGES	7 TUNA NOODLE CASSEROLE PEAS & CARROTS DINNER ROLL CHILLED PEAR EXERCISE	8 CREAMY BAKED CHICKEN HERB STUFFING THREE BEAN SALAD SPICED APPLIES MILK/BEVERAGE MAHJONG	10 BEEF HAMBURGER LETTUCE, TOMATO, ONION, PICKLE POTATO SALAD WATERMELON COOKIE PINOCHLE EXERCISE
12 BAKED MACARONI & CHEESE WITH HAM VEGGIES APPLESAUCE EXERCISE MAHJONG	13 PORK CHILE VERDE FLOUR TORTILLA SOUR CREAM & SALSA BEANS & RICE PINEAPPLE CHUNKS CHURROS	14 CHICKEN TENDERS BAKED SWEET POTATO FRIES CELERY STICKS MELON CUP EXERCISE	15 BEEF STROGANOFF NOODLES CASCADE VEGETABLE BLEND APPLE CRISP MAHJONG	16 TURKEY WILLD RICE SOUP GARDEN SALAD BAKED CROISSANT SLICE ORANGES BROWNIE PINOCHLE EXERCISE
19 CAPRESE CHICKEN STEWED TOMATOES LONG GRAIN & WILD RICE DINNER ROLL PEACHES EXERCISE MAHJONG	20 SPAGHETTI W/MEAT SAUCE ZUCCHINI & YELLOW SQUASH GARLIC BREAD LEMON BAR	21 CHEESE STEAK SANDWICH ONION RINGS BLUEBERRY AFLOUTIS MILK/BEVERAGE EXERCISE	22 BEEF LASAGNA GREEN SALAD W/ORANGES GARLIC BREAD TOFFEE CHIP COOKIES MAHJONG	23 BAKED COD COLESLAW FRENCH FRIES BROWNIE PINOCHLE EXERCISE

SICK?
PLEASE STAY HOME.

TAKE OUT AVAILABLE PICK-UP 11:45 TO 1:00 P.M. M-F
 → MEALS DELIVERY AVAILBLE M-F
CALL: AHEAD AT LEAST 24 HOURS 682-4422 or